



**APPROVED – 03/08/03**  
**KING COUNTY MENTAL HEALTH ADVISORY BOARD**

**REGULAR MEETING**

**TUESDAY, MARCH 11, 2003**

**EXCHANGE BUILDING, CONFERENCE ROOM 6A**

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**Members Present:** Edward Gutkowski (board applicant), Alice Howell, Howard Miller, Helen Nilon (awaiting County Council confirmation), Jim Nobles, Eleanor Owen, Debra Roszkowski, Ron Sterling, Clifford Thurston, Gwendolyn Williams

**Members Excused:** Shauna Cheney (awaiting County Council confirmation), Jack Fuller, Mindy Meyring, Freda Monroe

**Guests Present:** Joan Clement (KCASAAB); John Marlovits, private citizen; Mike Rynas, (NAMI-Eastside); Christine White, WAMI member

**Staff Present:** Sherry Hamilton, Rhoda Naguit, Geoff Miller, Jean Robertson

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Board Chair Howard Miller convened the meeting of the King County Mental Health Advisory Board (KCMHAB) at 4:35 p.m.

**I. WELCOME & INTRODUCTION**

Board Chair Howard Miller gave a welcoming remark and asked everyone to introduce him/herself.

He acknowledged the presence Joan Clement of the King County Alcoholism and Substance Abuse Administrative Board (KCASAAB), an alternate of KCASAAB Chair Linda Brown as liaison for KCMHAB.

**II. APPROVAL OF FEBRUARY 11, 2003 MINUTES**

Eleanor Owen made a motion, which was seconded by Debra Roszkowski, to accept the February 11, 2003 minutes as submitted. The motion passed and was approved unanimously.

**III. CHAIR'S REPORT**

**A. Acronymns**

Board Chair Howard Miller noted the following acronyms in the meeting minutes, which need to be identified:

- MIO-CTP: Mentally-Ill Offender-Community Transition Program
- CE: "covered-entity"
- COD: Co-occurring Disorders

B. Commendations

Howard Miller commended board members for their advocacy efforts, particularly Ron Sterling for his letter to Representative Summers, Eleanor for her tenacity in advocating for our target population, and to Mindy Meyring for her communication with the media and various agencies on mental health issues. Howard encouraged board members to provide copies of any communications sent to agencies or media to other board members. He promised to observe the same.

C. Conflict of Interest

At last month's board meeting, Eleanor Owen volunteered to serve as Board liaison to Community Psychiatric Clinic (CPC). Board Chair Howard Miller read a portion of the Board By Laws which addresses the issue of conflict of interest. It was learned that Eleanor's son is receiving services from the agency so she cannot serve as board liaison for CPC; Eleanor agreed readily.

D. NAMI Washington Update

NAMI Operating and Review Panel met with members from various counties in the State to get ideas from members, friends and allies about the future of NAMI in Washington State. The meeting was orderly and somewhat contained. A 5-member panel took input from the attendees. These community meetings are mandated by NAMI National Office to determine the next move for NAMI-Washington.

On March 22, 2003, a retreat for former NAMI-Washington board members will be held in Federal Way.

The office of NAMI Washington has reopened. Their telephone number is (360) 493-2441, and their new email address is [namiwa@nami.org](mailto:namiwa@nami.org).

NAMI Washington is conducting an on-going interview for the position of an Executive Director. They are looking for an individual with experience in human services field, understanding and knowledge of mental illnesses, and with administrative management experience. This position will close on March 15, 2003.

### III. COMMITTEE REPORTS

#### A. Legislative Advocacy & Public Affairs Committee

At the January 22, 2003 meeting of the Legislative Advocacy and Public Affairs Committee, Amnon Shoenfeld, MHCADSD Acting Division Director, reported about the Governor's Budget and its impact on mental health and chemical dependency service programs. He also reported that he has met with several state legislators in his efforts to educate them on the impacts of the Governor's budget to mental health and chemical dependency services.

Eleanor Owen also gave an update on the following legislative bills:

- Mental Health Parity (House Bill 1828). This bill passed out of the House Financial Institutions and Insurance Committee last week, however, the House Appropriations Committee at their hearing yesterday did not approve this.
- Pharmaceutical Access (House Bill 1214). Representative Cody is the author of this piece of legislation. The bill has already passed out of the House of Representatives and is currently in the Senate Health and Long Term Care Committee. There is a feeling that this might not pass the Senate.
- Changing the Age of Consent for Minors. This bill has several pieces of legislation. They have moved out of committee and are still working through the process.
- Advance Directives (HB 1041/SB 5223). Both of these bills have passed out of the House Judiciary and Senate Children, Families and Corrections Committee; currently in the fiscal committees in both the House and Senate.

The board members are encouraged to continue to connect with their respective legislators and reiterate to them the message – "No more cuts; enough is enough."

#### B. Nomination Update

Rhoda Naguit reported that James Nobles appeared before the Law, Justice and Human Services (LJHS) Committee last Thursday for his board appointment. The full King County Council will confirm his appointment when they meet on Monday, March 17<sup>th</sup>. Due to illness, both Shauna Cheney and Helen Nilon were unable to appear before LJHS Committee last Thursday. They are scheduled to appear before the Committee on April 3, 2003 at 9:30am.

Prior to the regular board meeting this afternoon, the Nominating Committee interviewed Mr. Edward Gutkowski, a board applicant. All confirmed board members are required to attend the Executive Meeting on April 8, 2003 to

evaluate the qualifications of Mr. Gutkowski, for consideration for nomination. The meeting will convene at 4:10 p.m. at the Exchange Building Conference Room 6B.

Another board application was received this week from Pamela Pratt, a resident of Council District 5. The Nominating Committee members have been provided a copy of the said application for board membership, for their information and review. Helen Nilon reiterated her concern about a lack of board representation from the eastside and southend areas of King County. At the March 6, 2003 LJHS Committee hearing, Councilmember Rob McKenna, who represents Council District 6, asked the Council staff to proactively recruit volunteers from the east/south side of the county to serve on the Mental Health Advisory Board to balance the board composition.

Rhoda acknowledged receipt of completed financial disclosure from the following board members: Jack Fuller, James Nobles, Alice Howell, Howard Miller, Debra Roszkowski, Shauna Cheney, Clifford Thurston, Ron Sterling, Eleanor Owen, Gwendolyn Williams and Helen Nilon. She will email a follow-up reminder to Freda Monroe and Mindy Meyring to submit their financial disclosure as soon as possible.

C. Quality Council

The Quality Council is in between projects. Copies of Amnon Shoenfeld's response to a letter sent by MHAB Chair Howard Miller about the Northlake Congregate Care Facility were distributed to the board members. The Council has also written to the RSN to get more data regarding case manager's morale issues and is awaiting response to the letter.

After Hours Work Group is still working on creating a standard response to clients. The work group has not met for a while, but expects the group to reconvene soon to discuss final decisions on the After Hours issue. Jean will follow up on this.

The RSN Quality Improvement Plan is still being developed. Service contract is scheduled to be out by July 1, 2003.

The next meeting of the Quality Council is on March 24<sup>th</sup> at 3:30pm, which will feature the Crisis Clinic.

IV. STAFF REPORT

A. Non-Medicaid Workgroup

The Non-Medicaid workgroup met a couple of weeks ago.

The current criteria for getting non-Medicaid persons into the system are too strict. The work group has made some changes to the current criteria to allow more people into the system without causing an overload. The new criteria will take effect in next quarter, April 1, 2003. This will be implemented on a trial basis. If it does not get more clients in the system, the criteria will be re-adjusted. It is the intent of the RSN to fully expend the money set aside for this population.

**B. Payment Methodology Work Group**

The Work Group was formed to come up with ideas and recommendations for how the County will reimburse for mental health services.

The Work Group is looking at issues before developing a model. The current structure is a tier rate. One possibility is that we move to the current two-tier versus four-tier. They are looking into a capitated model, which includes inpatient and outpatient services, and fee-for-service with a lid. The issue of how to cap a fee-for-service model will be discussed further. The work group is also looking at ways to build incentives to reduce Western State Hospital census to free up future money.

**C. HIPAA Implementation**

Jean gave a HIPAA training last month. Policies and Procedures and initial training for HIPAA should be completed on or before April 14, 2003.

**D. State Stakeholders Meeting**

The State Stakeholders met last week. Discussions were focused on the waiver, rewrite of the WACs, proposed contract and state quality strategies, among others. Deadline for submission of feedback and input to the State is March 15, 2003. The draft waiver must be submitted to CMS on March 15<sup>th</sup>. Helen Nilon asked that a copy of a draft contract highlighting the WAC's requirements be sent to board members, if it's possible.

**VI. LIAISON REPORTS**

**Freda Monroe:** Mental Health Court/Asian Counseling & Referral Service

Not present to make the report.

**Jack Fuller:** Community Psychiatric Clinic

Not present to make the report.

**Alice Howell:** Highline W. Seattle Mental Health/Valley Cities Counseling & Consultation

She attended both agencies' board meetings. Highline West Seattle Mental Health is providing a recovery mental health program, and will eventually housing some clients in pre-fabricated housing on their campus. At the board meeting of Valley Cities Counseling & Consultation (VCCC), Amnon Shoenfeld spoke about the legislative issues and its impact on mental health and chemical dependency services. VCCC merged with Federal Way Youth and Family Services. They are recruiting for new board members.

**Howard Miller:** Downtown Emergency Service Center

No report at this time.

**Eleanor Owen:** Partnership

Eleanor reported that the Partnership meeting was well attended. She then gave the highlights of the meeting, which include Amnon Shoenfeld's clarification on supposedly 3% increase on the Governor's Budget for mental health; Sharon Farmer's presentation on Extraordinary Occurrences reporting (client-related incidents e.g. suicide); David Stone's presentation on high cost of interpreters; and discussion on new payment model.

**Clifford Thurston:** Community House

Clifford indicated that he is writing a legislation to require development of clubhouse. WAC 388.865.0200 Section 8 provides for clubhouses but there is no statutory language behind the WAC. CH has a clubhouse model, a consumer advocate run facility.

He also noted that the International Center for Clubhouse Development's (ICCD) house model is active in 30 nations around the world but is underutilized in the state of Washington. Eleanor recommended inviting someone from ICCD to do a presentation on clubhouse model.

**James Nobles:** Chronic Populations Action Council (CPAC)

No report because CPAC meeting is not till tomorrow.

**Shauna Cheney:** Consejo Counseling & Referral Services/Seattle Counseling Service

Not present to make the report.

**Debra Roszkowski:** Harborview Mental Health Services

No report at this time.

**Helen Nilon:** Seattle Mental Health

No report at this time.

## VII. ANNOUNCEMENTS

**Eleanor Owen:** NAMI Greater Seattle will hold a Plant Sale fund raiser on May 10<sup>th</sup>. Also, NAMI-GS will be celebrating its 25<sup>th</sup> Anniversary in September. She also shared a copy of League of Women's Voter pamphlet and offered to bring some more copies next meeting for interested individuals.

**Rhoda Naguit:** Mindy Meyring emailed her the following information: "The 2003 Move for Mental Health run/walk will take place on Saturday, Sept. 13<sup>th</sup> at Sandpoint Magnuson Park. Ron Sterling has graciously offered to be on our committee! " Mike Rynas pointed out that this event will conflict with a NAMI-WA Annual meeting to be held on September 12-13, 2003 at Doubletree Hotel.

**Mike Rynas:** NAMI Eastside is holding a Spring Children's Conference Saturday, March 29th, 10:00 am - 1:00 pm at Evergreen Hospital, 12040 NE 128th Street in Kirkland.

There being no further business, the meeting was adjourned at 6:10 p.m.

Prepared by:

Attested by:

Rhoda A. Naguit  
Recording Secretary

Howard Miller  
Board Chair